

Resources for Practical Help in the

Parishes of North Hinksey with Botley, and St. Frideswide with Binsey

The Church of England has suspended all public worship in parishes, schools and chaplaincies, with effect from 17th March until further notice, including Easter Sunday.

While services have been suspended, the ministry of the Church has not and our church buildings at St. Frideswide, St Margaret, St. Peter & St. Paul and St. Lawrence remain open daily for private prayer and reflection.

Clergy are available to offer telephone based pastoral support to those who request it, and our church members will continue to pray at home for the national situation and our community; we will be proactive in taking our part within the community in caring for our neighbours

There are many resources to help us all maintain our spiritual lives and hope in these dark times – call into one of our churches to pick up a simple form of daily prayer for use at home. Do visit our website for more information at www.osneybenefice.org.uk.

May God bless us all and grant us a joyful Easter celebration.

The Revd. Clare Sykes

Local Food Suppliers

Local suppliers are stepping in where they can, but their availability is changing daily.

Tumbling Bay Café in West Oxford is planning to stay open even if the community centre closes. It is a popular family run café serving hot food and cakes. You can phone in a lunchtime order to collect, or have delivered in the immediate West Oxford area. Soups, pasta Bolognese, bacon & spinach Spatzle, Vegan potato & carrot cakes Tel Tom and Vladimira on 07772 843524.

The Hollybush in West Oxford have a takeaway pizza service (no deliveries)
<https://www.hollybushoxford.co.uk/menus>

Bonnors in the covered Market will deliver fresh vegetables to Cumnor, Botley, Farmoor They are supplied by local producers. Their full stock and price list
<https://www.bonnorsoxford.co.uk/> Telephone orders 01865 242183 Email orders Orders@bonnersoxford.co.uk
£2.20 per delivery. Cash on delivery or bank transfer

Mayfield Eggs. Another local family producer which supplies farmers markets and does local deliveries. They have an increase in orders so the new number 9am-5pm takes you to Jen 01865 802718. Delivery Day for Oxford is a MONDAY.

Botley Community Fridge pop ups in front of the new Botley Library (not the church at present). It is running on Thur/Fri 3:15-4:15 and Sat 10:30-11:30 but times change. Please contact Riki if you need to know when it is there. riki@phoncoop.coop or 07759 135811. Care packages for people in need are available during the virtual fridge sessions

Botley Co-op priority shopping hour for senior citizens and those who are vulnerable Monday to Friday 9.30 am – 10.30am

Staying in Touch

Not everyone will use the internet or social media, but if you do there are many local groups on Facebook. There is also some organising by area and by street going on to ensure that

people are connected and know what's happening. You may have received a card through the letterbox about this so do respond.

The internet is where news about closures, or where services/shops are available is being posted first. Offers of help with collecting and delivering to older and vulnerable people are also being made. If you know that a neighbour doesn't have access to the internet, please be a bridge to help them. Here is a selection of the support we have identified:

North Hinksey & Botley Parish Council have set up a help page which focuses on Botley <https://northhinksey-pc.gov.uk/covid-19-community-hub/>

West Oxford Community Centre have cards available for people to collect and use if they need to ask for help from neighbours, or want to offer help.

There are also many other local online networks:

Search Facebook for **The Botley Notice Board (Oxon)**

Search Facebook for **Botley Community Fridge**

Search Facebook for **Tap Social Movement**. Yes it's a brewery, and they deliver beer, but they are also looking at providing a pop up market for local producers. There may be some other ideas about supporting the community, so worth keeping an eye on.

Email network: **Osney Island Residents Association (only)** – if you live on the island and not already part of the Osney Island Residents Association please join. It is a helpful and supportive email network for island residents which can also provide practical help when needed. Contact osiramanager@gmail.com

National network: **The Silverline** is a confidential, free helpline for older people across the UK that's open 24 hours a day, seven days a week, 365 days of the year. It offers telephone friendship where we match volunteers with older people based on their interests, facilitated group calls, and help to connect people with local services in their area. The Silver Line Helpline – 0800 4 70 80 90

Local agency: **Age UK Oxfordshire** are increasing support to older people and carers by telephone. There will be a **new, free, telephone support service**. This will include a **friendly, regular weekly call** to see how people are, to chat and also **problem-solve** if people are facing practical problems. If you think you would benefit from this service, please phone **01865 411 288** which will connect straight to an answerphone where you can leave your name and contact number. A member of our team will then ring you back as soon as they are able during normal working hours. Please note this is not an emergency service - please ring 111 for medical advice or 999 in a medical emergency.